



# KEA NEWSLETTER

JUNE 2023 ISSUE

Hi there!

The holidays are around the corner. It's that time of the year where everyone looks forward to meeting up with family & friends back home and explore new places. The holiday season this year is made all the more sweeter with the celebration of Eid Al Adha.

This issue of KEA's newsletter suggests fun ways to spend the holidays and celebrate Eid - trips to take or fun things to do, if you wish to spend time in the comforts of your home.

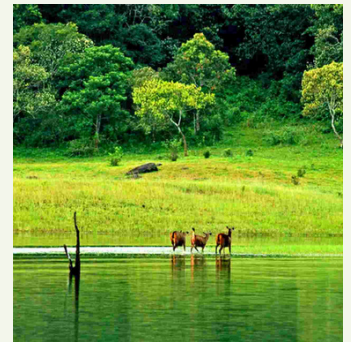
We hope you enjoy the read.

**Eid Al Adha Mubarak & Happy Holidays!**

KEA Newsletter Team



Children play after Eid al-Adha prayers at Juma Masjid, New Delhi



## SPOTLIGHT

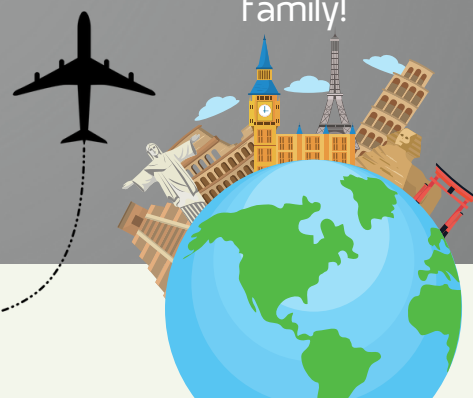
Periyar Tiger Reserves  
Thekkady, Kerala  
Read on for more on these topics.

## More in this Issue

1. Eid Al Adha Special
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6. Kids Zone
7. Coming up in KEA

*The holidays are here!*

Send your summer escapades in photos and we'll help share it with the rest of our KEA family!



Send in your newsletter content to  
[kea@keakuwait.org](mailto:kea@keakuwait.org)

EID AL ADHA

# FEAST OF THE SACRIFICE

Eid Al Adha honours the willingness of prophet Ibrahim to sacrifice his son Ismail, as an act of obedience to God's command despite temptations from the devil. Before Ibrahim could sacrifice his son, however, Allah provided a lamb to sacrifice instead.

One of the central practices on Eid Al Adha is 'Qurbani', the act of sacrificing a sheep. The meat is then divided between family, friends, and the poor.

This year, let us imbibe the messages of selflessness, sharing and kindness that Eid Al Adha teaches us.

KEA wishes all its members a blessed Eid Al Adha!





# KEA THIS MONTH

## 26<sup>th</sup> KEA AGM



KEA held its AGM at Hilton Resorts, Abu Halifa on Saturday, 3rd June 2023. It was a surreal experience for the outgoing Executive Committee, the outstanding EC-25, which brought down the curtains on a glorious year in KEA's history that witnessed one of the best-ever shows perhaps in KEF history, Rajatotsav.

Official matters were handled in the presence of KEA members, culminating in the election of the new office-bearers for the coming year 2023-2024. Mr. Riyaz Salim, the incoming President and his team were unveiled to the members.

The AGM also witnessed the launch of the new mobile friendly KEA website by EC-25. The website is replete with numerous features for the benefit of members.

Participants of the various KEF and KEA events were felicitated. Families of KEA members were simultaneously entertained by the band 'Elanza' at Al Dorra ballroom, followed by a brief introduction of the new Executive Committee. The evening ended with a scrumptious buffet amidst foot-tapping numbers by Elanza.



## KEA Quiz Club

Activities for the new year began in right earnest with KEA Quiz club starting things off almost immediately. Quiz club coordinator Rammohan Menon and Quizmaster Ramesh Athreya organized the first meeting of the Quiz club on 8th June 2023 at Al-Raya complex, Abu Halifa. A good turnout engaged themselves in a brain-tickling exercise amidst a lot of fun moments. The next session has been scheduled for 6th July 2023 at the same venue and EC-26 invites all quiz enthusiasts to partake in the Quiz club regularly, especially in anticipation of NIT's inter-alumni quiz competition 'Trishna' in early 2024.

## EC Meeting & Handover

KEA Executive Committee 2023-2024 convened its first meeting on 9th June 2023, deliberating on tentative plans & proposed activities to keep KEA members & family engaged in the coming year. The highlight of the meeting was the impromptu creation of a tagline for KEA by President Riyaz - "Samayathu vannal, nerathe veettil pokaam"; an indirect and friendly reminder to all that time is a precious commodity & punctuality is of utmost importance. This was followed by the official passing of the baton or 'Handover', with EC-25 passing on all necessary records, knowledge and lessons learnt to EC-26 to ensure smooth functioning of KEA.



## Football watch party

KEA Sports sub-committee organized their first event, a football watch party for all football enthusiasts, for the 2023 Champions League final on 10th June 2023 between Manchester City and Inter Milan. Despite the late-

night timings, a number of hardcore football fans comprising of adults and kids gathered at Leaders Plaza hotel in Salmiya and created a typically boisterous football atmosphere and plenty of banter.



# WANDERLUST: THEKKADY

What better place to enjoy the monsoon season in Kerala when God's own country dresses up with a spectacular green dress, than Thekkady! With its enchanting forests, mountain trails, and picturesque plantations, Thekkady is sure to be a trip that will stay in your memories forever

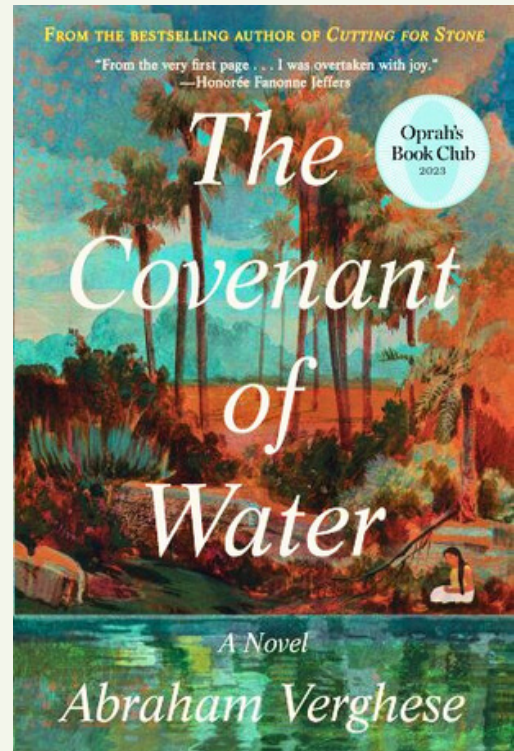


## WHEN IN THEKKADY

Visit the many spice plantations that gives Thekkady its nickname "Land of Spices" Boating in the magnificent Periyar river is an absolute must-do. Animal spotting is another fun activity while trekking through Periyar Tiger Reserve Be sure to catch a Kalari and Kathakali performance while you're there!



# WHAT TO DO THIS WEEKEND



**COOK:** Love eggs for breakfast? Give this delicious Shakhshouka recipe a try!

**READ:** The Covenant of Water by Abraham Verghese. A stunning and magisterial epic of love, faith, and medicine, set in Kerala, South India, following three generations of a family seeking the answers to a strange secret.

**WATCH:** Want a mix of personal & political drama? "The DIPLOMAT" kicks off with a riveting season 1 on **NETFLIX**.

**LISTEN:** Stories of the rise, fall and rivalries of great companies. Business Wars on Spotify. You won't regret it!

**PLAY:** Digits is a new puzzle game from the NY Times that's pretty fun.



# മണി വിശേഷങ്ങൾ

## Kerala's സ്വന്തം

### Parippuvada

SPICY, CRUNCHY, CRISPY, BROWN AND YUMMY

This savoury goes best with ചായ at 4pm and is everyone's favourite. Made with coarse ground Channa Dal (കടലപരിപ്പ്), shallots, onion, ginger, chillies, and curry leaves & fried traditionally in coconut oil, this snack follows an easy [recipe](#). It is a popular snack relished in homes, in the local ചായക്കട and restaurants, loved by locals and visitors alike.

The mere thought of purchasing a hot and crunchy പരിപ്പുവട from a ചായക്കട, served in newspaper wraps (smearing with shadow of oil here and there), evokes a sense of nostalgia. The aroma of അമ്മ preparing പരിപ്പുവട in the evenings fills the house with a delightful fragrance. Another fond memory is savouring പരിപ്പുവട with a cup of ചായ on a rainy day watching the rain fall in the verandah.

These moments capture the essence of enjoying our സ്വന്തം പരിപ്പുവട and evoke fond memories. Do give the recipe a try!





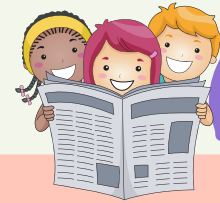
# KIDS ZONE

## Story Time

Get creative inventing a family fairy tale! The first person starts with "Once upon a time..." and offers a complete sentence, then the second person adds to the story with their sentence. Take turns adding sentences until the story reaches a conclusion.

You can either set a time limit (say, 15 minutes) or wrap it up after each person has a chance to say three sentences. Consider recording the story on your phone and having someone transcribe it afterward, so you'll never forget it.

## Fun roadtrip game for kids



## TIME for Kids

Kids



EXPLORE

Unlock a world of exciting stories.  
Start reading the news!

## How to get kids to read the news

From the publishers of TIME magazine, [TIMEforKids.com](https://www.timeforkids.com) is loaded with fascinating articles, photos, and videos, covering politics, the environment, entertainment, sports, health, and more.

It tackles subjects that are in the news in a kid-friendly way.

THE CLUE!



specialty of Japanese cuisine, fresh fish served raw

## WORD GUESS!



**COMING UP!**

**KEA  
QUIZ CLUB**

*Next Session*  
**JULY 6**

**DON'T MISS IT!**

CONTACT  
99585643/65796779

*Intro to*  
**YOGA**

August, 2023  
Updates to Follow

**Kids Art  
Workshop**

August, 2023  
Updates to follow

**STAY   
UPDATED**



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